



COR₂₀
HEART OF THE
FATHER



Saint Margaret Mary Alacoque
Prayer to the Sacred Heart:

Lord Jesus, let my heart never rest until it finds You, who are its Center, its Love, and its Happiness. By the wound in Your heart, pardon the sins that I have committed, whether out of malice or evil desires. Place my weak heart in your own Divine Heart, continually under Your protection and guidance, so that I may persevere in doing good and in fleeing evil until my last breath.

Amen.

Lectio Divina: Listen to Him (Matthew 17,1-9).

Introduction

Brother Knights, on the mountain the Father reveals the glory of His beloved Son and gives a command for every disciple: **"Listen to him."** In the Transfiguration, Christ strengthens His disciples before the road to the Cross. Grant us, O God, the grace to behold Your Son with faith, to rise from fear at His touch, and to follow Him in obedience down the mountain into our daily duties. As Knights, deepen in us a steady reverence, a listening heart, and a courageous fidelity in service.

Meditation (Reading and Reflection)

The passage (Matthew 17,1-9) will be read. As you reflect, attend to the word or phrase the Lord presses upon your heart.

Silently consider:

Jesus leads Peter, James, and John up a high mountain and is transfigured before them. His face shines and His clothes become white as light. Where is the Lord inviting me to step away from noise and distraction so that I may see Him more clearly? As a Knight, what place in my life needs more prayerful attention to Christ?

Peter speaks quickly: **"Lord, it is good that we are here... I will make three tents..."** Where do I speak before I have listened? Where do I try to manage or contain a moment of grace instead of receiving it with humility? As a Knight, how can I grow in reverent attentiveness rather than restless activity?

From the bright cloud comes the Father's voice: **"This is my beloved Son... listen to him."** What competing voices are shaping my mind, my speech, or my decisions? As a Knight, what concrete habit of listening to Christ do I need to strengthen this week so that my service flows from Him?

The disciples fall prostrate in fear, but Jesus comes near, touches them, and says: **"Rise, and do not be afraid."** Where do I need the Lord's touch and His command to rise? As a Knight, how am I being called to stand up in faith, peace, and charity, even when the path ahead leads down the mountain and into sacrifice?

(Silent reflection)

Contemplation

Choose a brief phrase from the Gospel that has touched your heart. Hold it before the Lord in silence, returning to it when distracted. Ask for the grace to listen to Christ and to follow Him without fear.

(Shared silence)

Call to Action (Prayer and Action)

How will this Word shape your actions this week?

Pray: Set aside a few minutes each day this week to repeat slowly: **"Jesus, help me listen to You."** Place one decision, burden, or responsibility before Him and ask for light and obedience.

Act: Choose one concrete act of discipleship you have delayed: a needed conversation, a prayer commitment, a step of reconciliation, a duty carried out promptly and faithfully, or a work of service done quietly for another. As a Knight, offer this act as a response to the Father's command: **"Listen to him."**

A Moment of Grace

Lord Jesus Christ, Beloved Son of the Father, reveal Your light to us and teach us to listen to You. When we are afraid, touch us and say again, "Rise, and do not be afraid." Lead us from the mountain into faithful service, so that our homes, our parish, and our council may reflect Your peace, Your truth, and Your charity. Amen.



Vivat Jesus.

Our Shared Lectio Divina Journey

“This is my beloved Son, with whom I am well pleased; listen to him.” (Matthew 17:5)

Our reflection will be guided by three readings of the same sacred text, voiced by three volunteers. This facilitation is intentionally structured and we will follow it closely. Each reading invites us to listen more deeply to the living Word of God and to grow more attentive to the voice of the Father, who reveals His Son and calls us to hear Him with faith.

After the First Reading: A Word or Phrase

We will each share one word or a short phrase from the Scripture that stood out. There is no need to explain the choice. Let the text speak first.

After the Second Reading: A Personal Connection

We will reflect on how that word or phrase meets our life right now. How does this message speak to you, personally, in the places where you need light, courage, or clarity?

After the Third Reading: A Call to Action

We will listen for an invitation from the Lord. What is he calling me, or us, to do, strengthen, or change this week, so that our response is marked by obedience, trust, and faithful action?

May this time of prayerful listening draw us closer to Christ and to one another, renewing us for our shared mission.

✠ Lectio Divina ✠

“The Transfiguration of the Lord”

Holy Gospel of Jesus Christ according to Saint Matthew 17,1-9.

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him.

Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!"

When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

As We Depart

Lord Jesus,

You revealed Your glory to Your disciples and strengthened them for the way ahead. As we depart, keep us attentive to Your voice and faithful to the Father's command to listen to You.

When we are distracted, steady our hearts. When we are afraid, touch us and raise us up. When our duties are difficult, give us courage to follow You with humility, obedience, and charity.

Lead us from moments of prayer into faithful service. May our homes and our council reflect Your light, and may those we serve encounter Your peace through us.

You alone are our Lord and our hope. Keep our eyes fixed on You.

Amen.



Last Saturdays of the Month
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St. Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan, and all the evil spirits who prowl about the world seeking the ruin of souls.

When fear rises and our vision grows dim, help us to stand firm in faith, to listen to Christ, and to choose what is right with courage and charity, so that the light of His presence may govern our hearts and our homes.



Listen to Him

On the holy mountain, the Father reveals the glory of His beloved Son and commands us to listen to Him. Christ does not leave us in fear. He comes near, touches us, and raises us up. As we go, let our homes, our council, and our service be shaped by prayerful attention to Jesus, so that His light may be seen in our fidelity, our charity, and our courage.

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