



COR 19

HEART OF THE
FATHER



Saint Margaret Mary Alacoque
Prayer to the Sacred Heart:

Lord Jesus, let my heart never rest until it finds You, who are its Center, its Love, and its Happiness. By the wound in Your heart, pardon the sins that I have committed, whether out of malice or evil desires. Place my weak heart in your own Divine Heart, continually under Your protection and guidance, so that I may persevere in doing good and in fleeing evil until my last breath.

Amen.

Lectio Divina: Jesus Calms the Storm (Mark 4:35-41).

Introduction

Brother Knights, the Lord brings His disciples into a real storm and reveals both their fear and His authority. Grant us, O God, the grace to trust your Son when we are unsettled, to bring our distress to Him with humility, and to receive His peace with faith. As Knights, deepen in us a steady courage, a charity that remains calm under pressure, and a fraternity that strengthens others when the winds rise.

Meditation (Reading and Reflection)

The passage (Mark 4:35-41) will be read. As you reflect, attend to the word or phrase the Lord presses upon your heart.

Silently consider:

Jesus leads them onto the water on purpose: **"Let us cross to the other side."** Where is the Lord calling me to obey and move forward, even when I would rather stay in what feels safe and controlled? As a Knight, what concrete step will I take this week to choose faithful action over hesitation?

The storm exposes what is in the heart. The disciples speak to Jesus, but with a sharp accusation: **"Do you not care that we are perishing?"** Where do I allow fear to distort my prayer, my judgment, or my speech toward others? As a Knight, how will I practice steadiness, restraint, and truthful charity, especially when I feel overwhelmed?

Jesus speaks with authority, and the chaos becomes **"great calm."** What would it look like for Christ's peace to govern my interior life, my home, and my service, instead of agitation and noise? As a Knight, where do I need to be a source of calm order for my family, my parish, and my brothers?

(Silent reflection)

Contemplation

Choose a brief phrase from the Gospel that has touched your heart. Hold it before the Lord in silence, returning to it when distracted. Ask for the grace to trust Him and to receive His peace.

(Shared silence)

Call to Action (Prayer and Action)

How will this Word shape your actions this week?

Pray: Set aside a few quiet minutes each day this week to name one specific fear before the Lord. Ask Jesus for faith, and ask Him to speak His peace into that fear.

Act: Choose one concrete act of faith that you have delayed because of fear: a needed conversation, a reconciliation, a decision made with integrity, or a duty done promptly and well. As a Knight, offer this act as a direct response to Christ's question, **"Do you not yet have faith?"**

A Moment of Grace

Lord Jesus Christ, You are Lord of wind and sea, and You are Lord of my life. Strengthen my faith when I am afraid. Quiet what is anxious and disordered in me, and make me steady in prayer, faithful in duty, and calm in charity. Strengthen our fraternity so we may help one another stand firm in every storm. Amen.



Vivat Jesus.

Our Shared Lectio Divina Journey

“Be still, and know that I am God!” (Psalm 46:10)

Our reflection will be guided by three readings of the same sacred text, voiced by three volunteers. This facilitation is intentionally structured and we will follow it closely. Each reading invites us to listen more deeply to the living Word of God and to grow more attentive to the Lord’s quiet presence, as we cross with Christ into what we do not control, bring Him our fear honestly, and receive His peace in faith.

After the First Reading: A Word or Phrase

We will each share one word or a short phrase from the Scripture that stood out. There is no need to explain the choice. Let the text speak first.

After the Second Reading: A Personal Connection

We will reflect on how that word or phrase meets our life right now. How does this message speak to you, personally, in the places where you feel pressure, fear, or uncertainty?

After the Third Reading: A Call to Action

We will listen for an invitation from the Lord. What is he calling me, or us, to do, strengthen, or change this week, so that our response is marked by faith rather than fear?

May this time of prayerful listening draw us closer to Christ and to one another, renewing us for our shared mission.

✠ Lectio Divina ✠

“Jesus Stills a Storm”

Holy Gospel of Jesus Christ according to Saint Mark 4,35-41.

On that day, when evening had come, he said to them, “Let us go across to the other side.” And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, “Teacher, do you not care that we are perishing?” He woke up and rebuked the wind, and said to the sea, “Peace! Be still!” Then the wind ceased, and there was a dead calm. He said to them, “Why are you afraid? Have you still no faith?” And they were filled with great awe and said to one another, “Who then is this, that even the wind and the sea obey him?”

As We Depart

Lord Jesus,

You are Lord of wind and sea. As we depart, keep us in Your peace. When trials rise suddenly and our hearts are shaken, strengthen our faith and steady our words and actions. Teach us to turn to You at once, confident in Your love and Your power.

Lead us as we “cross to the other side.” Give us courage to do what is right, charity to serve with patience, and humility to trust You. Make our homes and our council places of calm, where others find steadiness, help, and hope.

Command our hearts as You command the sea: “Quiet! Be still!” May our lives bear witness to You, so that those we serve may be drawn to faith in You.

Amen.



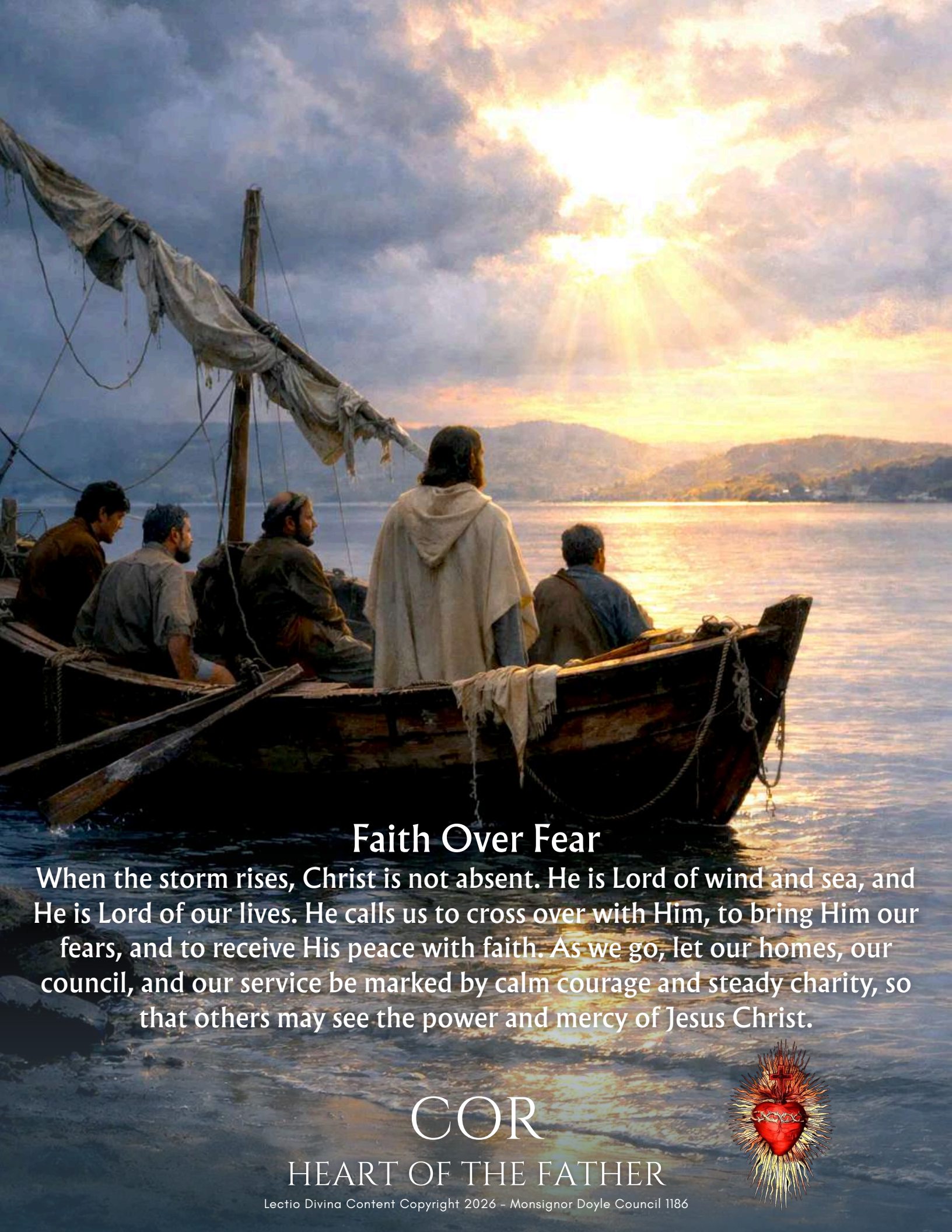
Last Saturdays of the Month
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St. Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan, and all the evil spirits who prowl about the world seeking the ruin of souls.

When fear rises and the winds of temptation press upon us, keep us steady and faithful; help us to resist panic, to choose what is right, and to stand firm in charity, so that the peace of Christ may govern our hearts and our homes.

Amen.



Faith Over Fear

When the storm rises, Christ is not absent. He is Lord of wind and sea, and He is Lord of our lives. He calls us to cross over with Him, to bring Him our fears, and to receive His peace with faith. As we go, let our homes, our council, and our service be marked by calm courage and steady charity, so that others may see the power and mercy of Jesus Christ.

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